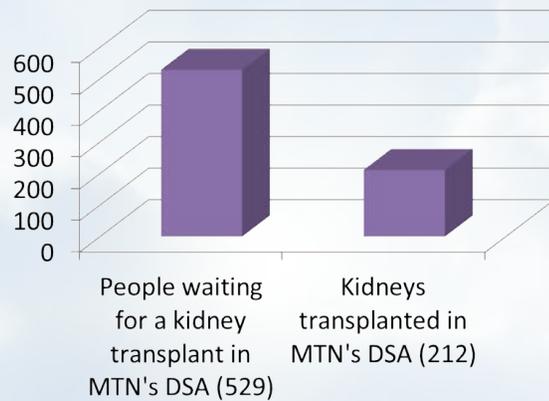


## Midwest Transplant Network Designated Service Area (DSA) 2013



## Midwest Transplant Network Background

The successful development of organ and tissue transplantation is one of the most extraordinary triumphs of modern medicine. Unfortunately, the ability to deliver this miracle is limited by a severe shortage of donors. Midwest Transplant Network is the community's connection to organ and tissue procurement and public awareness exclusively for Kansas and the western half of Missouri. Midwest Transplant Network is a federally certified not-for-profit organ procurement organization (OPO) and has been committed to providing quality results in all facets of transplant and procurement services since 1973. For additional information about Midwest Transplant Network, please visit [mwtn.org](http://mwtn.org).

## Midwest Transplant Network's Role

Midwest Transplant Network's role is to provide an opportunity for healthy individuals to donate an organ to someone in need. Midwest Transplant Network and local kidney transplant programs want to provide individuals within our community the opportunity to become a "Good Samaritan" by donating a kidney to an unknown recipient. This is an expansion of the current "Living Donor" practice, which utilizes friends and relatives as organ donors.

Midwest Transplant Network functions as an advocate for the donor in the same way the transplant centers support the recipients in the transplant process. They will provide initial screening, support to the donor and referral to the transplant center of the potential recipient.

## Need More Information?

If you are interested in participating in the Living Donor Program or would like more information, please contact:



MIDWEST  
TRANSPLANT  
NETWORK

1900 W. 47th Place, Suite 400 • Westwood, KS 66205

913-262-1668 • 800-366-6791 • [mwtn.org](http://mwtn.org)

[livingdonor@mwtn.org](mailto:livingdonor@mwtn.org)



*Darrin, kidney recipient and Jake, living donor*

**SHARING LIFE**  
Living Donor Program



MIDWEST  
TRANSPLANT  
NETWORK

# LIVING DONOR PROGRAM

The number of patients waiting for kidney transplants far exceeds the number of organs donated.

Midwest Transplant Network is exploring ways to address the critical shortage of available kidneys.



*Joyce, living anonymous donor*

Join us in our mission and register to be a donor today.

Visit [mwtn.org](http://mwtn.org) to learn more.



## Who Can Donate?

Living kidney donors must be:

- Physically fit and in general good health
- Free from cancer, diabetes, kidney, lung and heart disease
- Between 25 and 60 years of age

Family support is essential from the initial evaluation through post-operative recovery.

## How Can I Donate?

Potential donors will participate in a psychological/social interview and medical evaluation to ensure they are making their decision freely and meet initial medical criteria.

Once those tests are completed, a physical exam, blood and urine tests, screening for hepatitis, HIV and blood type are conducted.



## Where Would the Surgery Take Place?

Surgeries are performed at the recipient's transplant center.

- Kansas City, Mo., transplant centers: Research Medical Center, Saint Luke's Hospital, The Children's Mercy Hospital
- Columbia, Mo., transplant center: The University of Missouri Hospitals and Clinics
- Kansas City, Kan., transplant center: The University of Kansas Hospital

## What is the Transplant Process?

A nurse and social worker from Midwest Transplant Network meet with potential donors and their chosen support person for an initial screening. After the screening, the local transplant list is accessed to identify a recipient. The donor is referred to the recipient's transplant center for further evaluation.

## How is the Transplant Performed?

Kidneys can be removed with one of two techniques:

- Laparoscopic - Minimally invasive, this procedure offers less pain, smaller scars, shorter hospital stays and a faster return to daily activities. Currently, not all potential donors are laparoscopic candidates. Also, not all centers offer the procedure.
- Traditional open surgery - A larger incision is made to remove the kidney. While it is a shorter operation, the recovery time is slightly longer.

The transplant surgeon will discuss the options with each potential donor during the evaluation.

## What are the Risks?

No surgery is free of risk. Some possible side effects to transplantation surgery include:

- Pain
- Infection
- Reaction to general anesthesia
- Bleeding (which could result in a need for blood transfusions)

## How Long Does it Take to Recover?

Typically, a donor is in the hospital two-four days after surgery; however, every case is different. Most living donors report a four-eight week recovery.

## Who Pays for the Surgery?

The recipient's insurance or Medicare will be asked to pay for the donor's pre-transplant evaluation, surgery, hospital stay and any complications directly related to the donation. This does not include lost wages during the recovery period. Some employers allow this time to be taken as sick leave. Travel, lodging and childcare expenses need consideration as well. No monetary payment will be provided to donors or their family members. Centers require current medical insurance.

## Can I Meet the Recipient?

Midwest Transplant Network protects the identities of donors and recipients and facilitates written contact between donors and recipients. Both parties remain anonymous to each other until they mutually agree to establish contact by mail or in person.